

WELCOME TO FIRST LANDING STATE PARK (NORTH). To make your visit safe and more pleasant, we ask that you observe the following:

Take only pictures, leave only footprints. Park in designated areas only. Please note there is a parking fee charged year-round at all Virginia State Parks. Honor parking information is found at the park entrance.

PRESERVE — Help preserve your park. Please don't cut or mar any plants or trees. Collecting animal or plant life is allowed only for scientific purposes by permit from the Richmond headquarters. Don't feed any wild animals.

ALCOHOL - State law permits alcohol use only in private areas (inside your cabin or camping unit) or in areas designated on permits issued by the Virginia Department of Alcoholic Beverage Control.

PETS - Pets are permitted in enclosed areas or on a leash no longer than 6 feet. Please clean up after your pet. Pets may not be left unattended at any time.

DRONES AND OTHER AIRCRAFT - Drones, other unmanned aerial vehicles, including remote control aircraft, and aircraft in general may not be flown in state parks pursuant to *4VAC5-30-400*.

LITTER - Please help us keep the park clean by placing litter and recyclables in the proper receptacles and recycle centers or carrying out your trash.

FIRE - Help prevent wildfires. Fires must be confined to grills, camp stoves or designated fire rings. Fires must be attended at all times and extinguished when left. Firewood is generally available for purchase at the park. Campers and guests may collect only down and dead firewood. We enforce all seasonal and emergency bans on open fires.

POLLUTION - Help reduce pollution. Dump stations, laundry sinks and slop sinks, where available, are for the proper disposal of wastewater. Please, no boat, RV or car washing.

SWIMMING - Where available, swimming areas are generally open Memorial Day weekend through Labor Day weekend, weather permitting. Swim or wade only in designated swimming areas and at designated times. Children in swimming areas must wear sealed plastic pants over diapers. Disposable swim pants are recommended and available for purchase at the parks. Swimming or wading in unguarded areas may be hazardous because of swift currents, sudden drop-offs or unseen obstructions.

FISHING - Where fishing is permitted, valid Virginia fishing licenses are required. Specific licenses are required for saltwater and trout-water fishing. Please call the park in advance for specifics.

GUESTS - Your guests are our guests. For everyone's safety and security, please register all visitors with the park office. Visitors will not be admitted to camping and cabin areas unless so identified. Visitors are permitted only between 6 a.m. and 10 p.m.

QUIET HOURS - Quiet hours are between 10 p.m. and 6 a.m. The use of generators is prohibited at all times.

CHECK-IN AND CHECK-OUT POLICY		
Camping:	Check-in 4 p.m.	Check-out 3 p.m.
Cabins:	Check-in 4 p.m.	Check-out 10 a.m.

In many cases, *campers* may be accommodated prior to the official check-in. Please remember that only those 18 or older may register. The registrant is responsible for all occupants of the campsite or cabin. Feel free to arrive early and enjoy park amenities prior to check-in. If you decide to leave the park before the end of your overnight stay, you may be entitled to a refund based on how much of your stay has already been used and any fees due. Once you check in for your cabin or camping stay, that night is considered used. If you are camping, we take what you paid, subtract the fees for the nights used and then subtract one additional night. The balance is due as a refund. This means if you have only a two-night stay, you will not receive a refund if you leave one night early. If you are in a cabin or lodge, the policy is different. First, we always keep at least the first two nights' fees. Second, we keep \$30 per night for a cabin (\$60 per night for a lodge) for each night you didn't stay and subtract that from the fee for any unused nights beyond the two-night minimum. If you started out with a week stay, you received a discount when you made the reservation. If you end up not staying the entire week, your fee will be recalculated at the higher, nightly fee rate. This means that if you have a week stay and leave one night early, no refund will be made.

CAMPING - Camping is allowed only in designated campgrounds and only after following the proper check-in procedure described in the *Reservation and Fees Guide* available at the park office.

Campsite occupancy is for a maximum of six people or the number of people in a single household. Two camping units are allowed per campsite; only one axled camper is allowed per site. All camping units, equipment and vehicles must be placed within the perimeter of the designated campsite without infringing on adjoining campsites or vegetation. Where high impact areas are designated, all camping units, equipment and vehicles must be within the defined borders of the high impact area. **Park in designated areas only.**

PARKING - Only two motor vehicles, as well as the camping unit, are permitted on a campsite without incurring additional fees. Cabin guests are allowed two vehicles for a one or two-bedroom cabin, three vehicles for a three-bedroom cabin and six vehicles for a six-bedroom cabin per day without an additional parking fee charge. Those with additional vehicles must pay the established parking fee for each day the vehicle is in the park. The number of vehicles allowed to park at the cabin varies according to site design and other factors. All vehicles must be parked in designated areas, either at the cabin or in the designated overflow parking area. Primitive and hike-in sites may have park specific parking restrictions.

The maximum camping stay per park is 14 days in any 30-day period.

PARK ACCESSIBILITY - We strive to make each park as barrier-free as possible. Universally accessible facilities are available throughout Virginia State Parks.

EMERGENCY - Emergency phone numbers are posted at contact stations, electronic information stations and other places in the park. For more information, visit www.virginiastateparks.gov, the electronic information station or contact the park office.

INFORMATION - For more information on Virginia State Parks or to make a cabin or campsite reservation, call 800-933-PARK or visit www.virginiastateparks.gov. The Customer Service Center is open Monday through Friday, 9 a.m. to 5 p.m. It is closed on all state holidays.

The center is in Richmond at 9960 Mayland Drive and accepts payments made in person from 10 a.m. to 4 p.m.

ELECTRONIC INFORMATION STATION - The information station offers access to GPS-based trail information, interactive virtual tours, details on park amenities, printable guides and maps, program descriptions, schedules and more.

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TELL US ABOUT YOUR VIST:
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Virginia State Parks

First Landing State Park (North)

Virginia Beach, Virginia



VIRGINIA STATE PARKS ARE A TONIC FOR THE MIND, BODY AND SPIRIT.

Museums, visitor centers and nearby historic sites make state parks cultural treasures.

The recreational opportunities in state parks are endless and easy to see – from swimming and boating to horseshoes and hiking, there's always something to do in a Virginia State Park.



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Virginia State Parks

First Landing State Park (South)

Virginia Beach, Virginia



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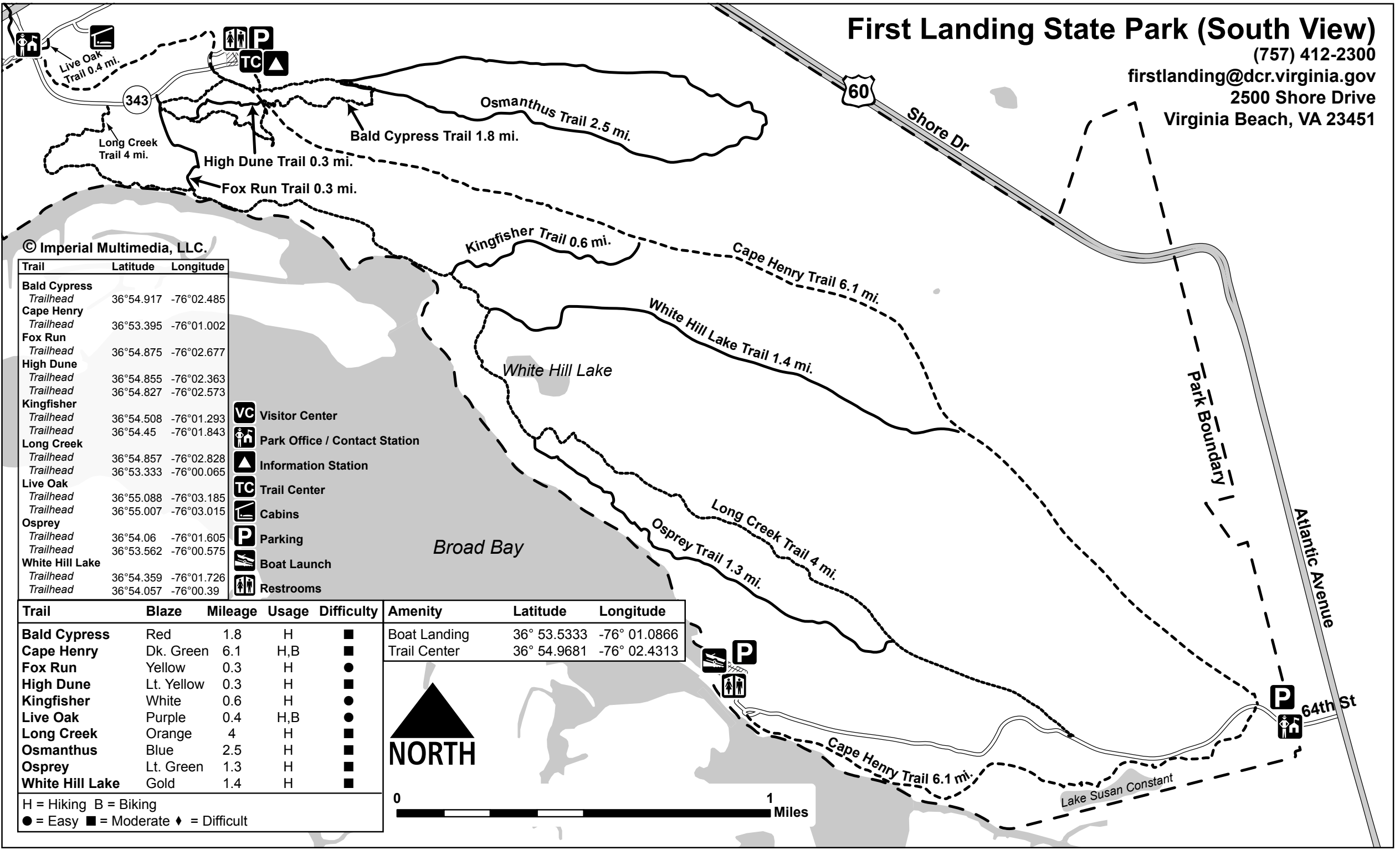
First Landing State Park (South View)

(757) 412-2300

firstlanding@dcr.virginia.gov

2500 Shore Drive

Virginia Beach, VA 23451



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Trail	Latitude	Longitude
Bald Cypress		
Trailhead	36°54.917	-76°02.485
Cape Henry		
Trailhead	36°53.395	-76°01.002
Fox Run		
Trailhead	36°54.875	-76°02.677
High Dune		
Trailhead	36°54.855	-76°02.363
Trailhead	36°54.827	-76°02.573
Kingfisher		
Trailhead	36°54.508	-76°01.293
Trailhead	36°54.45	-76°01.843
Long Creek		
Trailhead	36°54.857	-76°02.828
Trailhead	36°53.333	-76°00.065
Live Oak		
Trailhead	36°55.088	-76°03.185
Trailhead	36°55.007	-76°03.015
Osprey		
Trailhead	36°54.06	-76°01.605
Trailhead	36°53.562	-76°00.575
White Hill Lake		
Trailhead	36°54.359	-76°01.726
Trailhead	36°54.057	-76°00.39

- Visitor Center
- Park Office / Contact Station
- Information Station
- Trail Center
- Cabins
- Parking
- Boat Launch
- Restrooms

Trail	Blaze	Mileage	Usage	Difficulty
Bald Cypress	Red	1.8	H	■
Cape Henry	Dk. Green	6.1	H,B	■
Fox Run	Yellow	0.3	H	●
High Dune	Lt. Yellow	0.3	H	■
Kingfisher	White	0.6	H	●
Live Oak	Purple	0.4	H,B	●
Long Creek	Orange	4	H	■
Osmanthus	Blue	2.5	H	■
Osprey	Lt. Green	1.3	H	■
White Hill Lake	Gold	1.4	H	■
H = Hiking B = Biking				
● = Easy ■ = Moderate ◆ = Difficult				

Amenity	Latitude	Longitude
Boat Landing	36° 53.5333	-76° 01.0866
Trail Center	36° 54.9681	-76° 02.4313

